

Disclaimer & Good Faith Estimate (GFE)

Informational use only. The content on this website is provided for general informational purposes and is not a substitute for professional medical or mental health advice, diagnosis, or treatment. Do not disregard or delay seeking professional advice because of information you read here. If you are in crisis, call **988** (Suicide & Crisis Lifeline), **911**, or go to the nearest emergency room.

Professional standards. Mental health practitioners should utilize the content of this website in a manner consistent with applicable professional standards, licensing requirements, and ethical guidelines.

Good Faith Estimate (No Surprises Act)

You have the right to receive a **Good Faith Estimate** explaining how much your non-emergency mental health care may cost. This estimate will include expected charges for services reasonably expected at the time of scheduling. If your final bill is at least **\$400 more** than your Good Faith Estimate, you may dispute the bill.

- For questions or to request an estimate, email terri@drterrilechnyr.com.
- Learn more at the official resource: cms.gov/nosurprises.

Terms of Service

By using this website, you agree to these Terms of Service. If you do not agree, please discontinue use.

Use of Site

You agree to use the site only for lawful purposes and not to disrupt or attempt to gain unauthorized access to any part of the site or related systems.

No Warranties

This site is provided on an “*as is*” and “*as available*” basis. We disclaim all warranties, express or implied, including but not limited to warranties of merchantability, fitness for a particular purpose, and non-infringement.

Limitation of Liability

To the maximum extent permitted by law, Terri Lechnyr, Ph.D., PLLC and its owners, employees, or contractors will not be liable for any indirect, incidental, special, consequential, or punitive damages arising out of or related to your use of the site.

Indemnification

You agree to indemnify and hold harmless Terri Lechnyr, Ph.D., PLLC from any claims, losses, liabilities, damages, costs, or expenses (including reasonable attorneys' fees) arising from your use of the site or violation of these Terms.

Electronic Communications

By contacting us electronically (e.g., email or web forms), you consent to receiving communications electronically. Communication by email may not be fully secure; do not include highly sensitive information.

Payments, Scheduling, and Refunds

Clinical services are billed per session under applicable insurance or private pay arrangements. Non-therapy digital products or subscriptions (if offered) may have separate pricing and policies disclosed at purchase. Unless otherwise noted, **therapy session fees** are not refundable after services are rendered. Cancellation and rescheduling rules (e.g., required notice windows) are stated at the time of scheduling.

Changes to the Terms

We may update these Terms from time to time. Changes take effect upon posting with a revised "Last updated" date at the top of this page.

Privacy Policy

This Privacy Policy explains how we may collect, use, and protect information related to your use of this website.

Information We May Collect

- **Basic usage data** (e.g., IP address, device/browser information) for security and performance.
- **Analytics data** to understand site traffic and improve content (aggregated where possible).
- **Voluntary information** that you provide (for example, an email address if you contact us).

How We Use Information

- To operate and improve the website.
- To respond to inquiries and provide customer service.
- To maintain security, prevent abuse, and comply with legal obligations.

Sharing

We do not sell your personal information. We may share limited information with service providers who assist with hosting, security, analytics, or communications, subject to appropriate safeguards and only as necessary to provide services.

Cookies and Similar Technologies

Cookies may be used to maintain basic functionality (e.g., preferences) and to measure aggregated traffic. You can usually control cookies through your browser settings.

Security

We use reasonable administrative, technical, and physical safeguards to protect information. No method of transmission or storage is 100% secure.

Your Choices

- You can disable cookies in your browser or use privacy tools to limit tracking.
- You may request access to or deletion of personal information that you have provided to us, subject to legal and professional obligations.

Children's Privacy

This site is intended for a general audience and is not directed to children under 18. We do not knowingly collect personal information from children under 18.

HIPAA Notice of Privacy Practices

For clients receiving clinical services, the **HIPAA Notice of Privacy Practices (NPP)** is provided separately and describes how Protected Health Information (PHI) may be used and disclosed. To request a copy, email terri@drterrilechnyr.com.

External Links

Links to external websites are provided for convenience. We are not responsible for the content or privacy practices of other sites.

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Contact- Questions about this page? Email terri@drterrilechnyr.com.